



LOW MILL OUTDOOR CENTRE
SAMPLE MENU

	BREAKFAST 8.30am	LUNCH 12.30pm	DINNER 5.30pm
MONDAY		OWN PACKED LUNCH	Fish, Chips and Peas Sponge & Custard or Fresh Fruit
TUESDAY	Cereals, Full English Breakfast, Toast & Preserves	Soup & Homemade Bread Homemade Cake & Fresh Fruit	Roast Dinner Cold Sweet e.g. Mousse
WEDNESDAY	Cereals, Full English Breakfast, Toast & Preserves	Jacket Potato, Cheese & Beans Salad Bar Yogurt & Fruit	Spaghetti Bolognese & Garlic Bread Fruit Pie and Ice Cream
THURSDAY	Cereals, Full English Breakfast, Toast & Preserves	Sausage Baguette & Salad Bar Homemade Cake & Fresh Fruit	Homemade Pizza & Fries Corn on the Cob Chocolate Brownie & Fresh Fruit
FRIDAY	Cereals, Full English Breakfast, Toast & Preserves	Sandwiches or Wraps & Crisps Homemade Cake & Fresh Fruit	

Please note this is only a sample to demonstrate the variety of meals at Low Mill, our menus can and do alter.
 Special diets can be catered for with advanced notification.